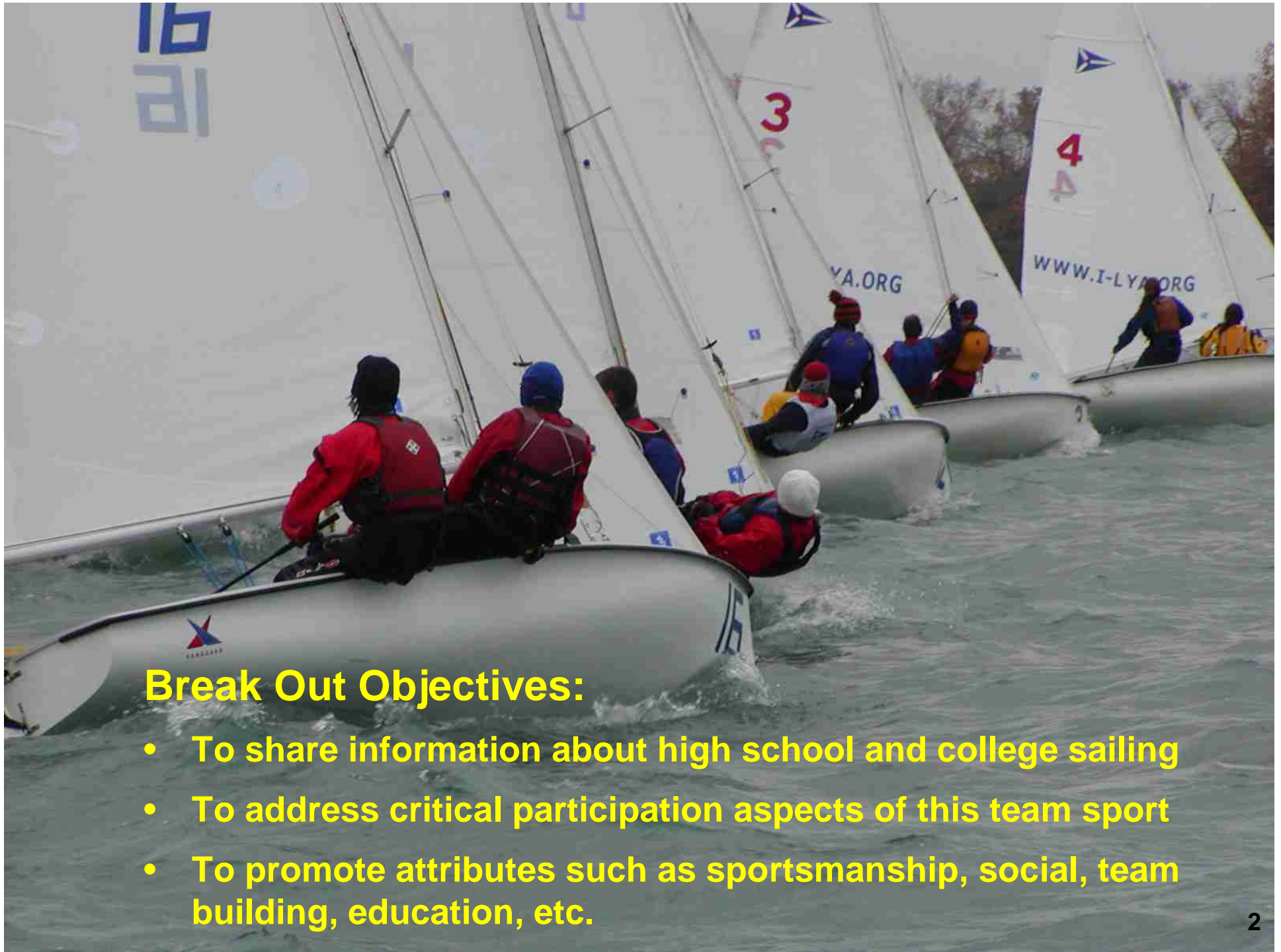


Transitioning to High School and College Sailing



ILYA Winter Inlands 2007



Break Out Objectives:

- To share information about high school and college sailing
- To address critical participation aspects of this team sport
- To promote attributes such as sportsmanship, social, team building, education, etc.

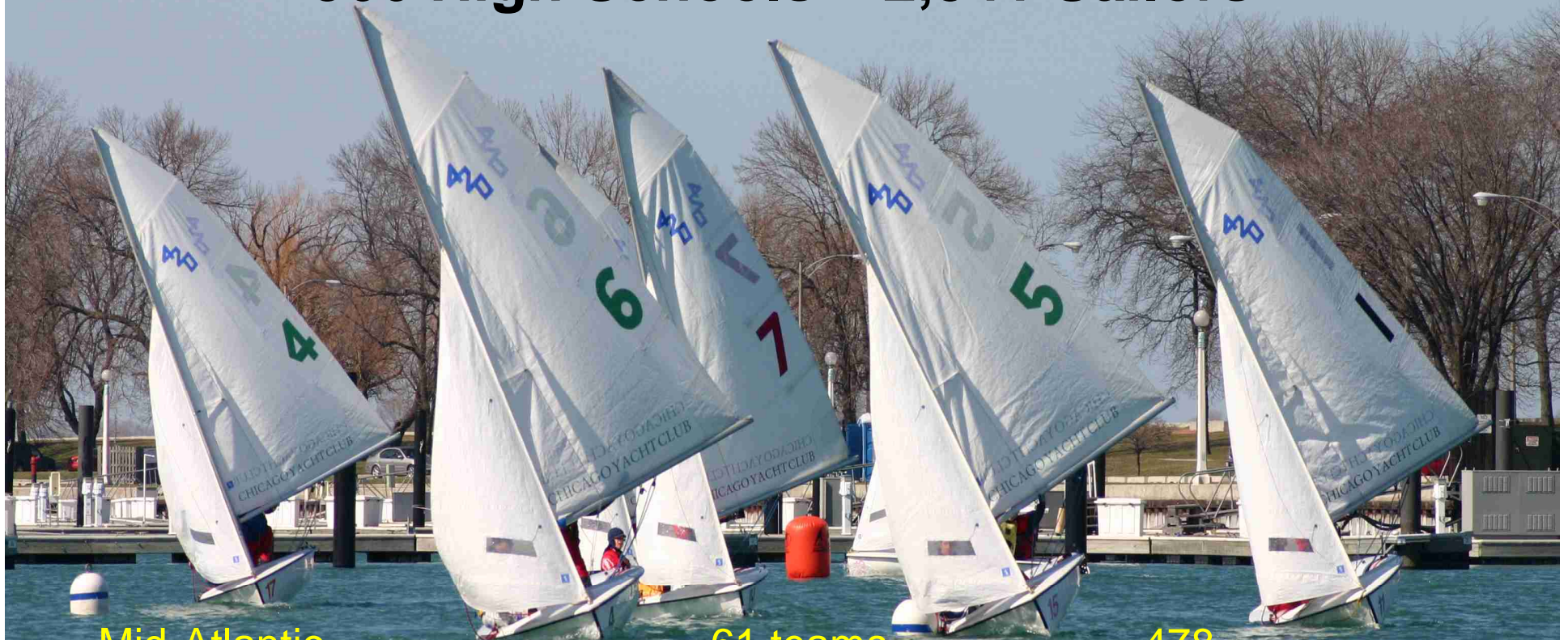
What is ISSA?

Interscholastic Sailing Association, or ISSA

- This organization governs secondary school sailing (grades 9-12)
- It was founded by northeastern prep schools in 1930
- It is the fastest growing high school sport
- It is the only formal co-ed high school sport
- Schools compete in open and closed team and fleet racing events, mostly in double handed dinghies.
- The top teams from each region compete for national championships. School teams reach the Nationals by competing successfully in district championships.
- There is a National Single handed Championship (**Cressy** Trophy).
- The other ISSA National Championships are the **Baker** Trophy for team racing and the **Mallory** Trophy for two-division fleet racing in double handed dinghies.

ISSA Districts - # of Registrants

366 High Schools – 2,541 Sailors



Mid-Atlantic	61 teams	478
Midwest	31 teams	195
New England	85 teams	642
Northwest	14 teams	122
Pacific Coast	89 teams	597
South Atlantic	65 teams	417
South East	21 teams	90

Midwest Interscholastic Sailing Association (MISSA)

MISSA is the regional governing body for high school sailing in the Midwest during the fall and spring seasons.

- MISSA exists to create the opportunity for high school students to learn to sail. The goals are to:
 - Offer the sport of sailing to as many schools and sailors as possible
 - Create opportunities for students to learn basic seamanship skills through practice and competition
- The objective of the Association is to further the sport of sailing in Midwest secondary schools and to organize those schools competing by standardizing rules and procedures and by aiding with scheduling.
- Membership is diverse, welcoming teams with as few as one (1) student and as many as sixty (60).
- To be a MISSA member, schools must complete an Annual Membership Form including a complete team roster and pay dues. There are two seasons in a year, fall and spring.
- Don Shea is the president of MISSA and both Secretary and Director of ISSA
- There are three MISSA vice presidents - Matt DuBois, East region; Jeff Hudson, Middle region; Jeff Doubek, West region.

Why High School Sailing?

- Keep youths in the sport longer until they “grow” into the scow fleets
- Provide an environment which fosters friendships
- Extend the short Midwestern sailing season



Who Competes?

Sailor eligibility starts at the ninth grade; there are no age limits.

Skipper	Class	ILYA Club	High School
Erik Bowers	2008	Minnetonka	International School of MN
Harris Buddig	2009	Lake Geneva	Hinsdale Central
Harrison Burton	2010	Minnetonka	Minnetonka
David Carlson	2008	Minnetonka	Wayzata
Josh Garber	2007	Minnetonka	Minnetonka
Anne Haeger	2008	Lake Beulah	Lake Forest
Will Haeger	2010	Lake Beulah	Lake Forest
Mike Hanson	2008	Minnetonka	Minnetonka
Coye Harrett	2008	Lake Geneva	Big Foot
Stephanie Hudson	2009	Lake Beulah	New Trier
Brady Hutchinson	2009	Minnetonka	Edina
Maddy & Melissa Kennedy	2007	Minnetonka	Minnetonka
Joe Kutschenreuter	2008	Lake Beulah	East Troy
George Kutschenreuter	2010	Lake Beulah	East Troy
Michael Lee	2010	Delavan	St Ignatius
Chris Loew-Blosser	2008	Minnetonka	International School of MN
Clifford Porter	2008	Lake Geneva	Loyola Academy
Gavin Potts	2009	Minnetonka	Hill Murray
Stephanie Roble	2007	Lake Beulah	Catholic Central
Eric Sauter	2009	Wayzata	Wayzata
Maggie Shea	2007	White Lake	New Trier
Bill Siemers	2007	Wayzata	Wayzata
Kaye Siemers	2008	Wayzata	Wayzata
Kate & Megan Six	2008	Lake Geneva	Badger
David Thompson	2007	White Bear Lake	White Bear Lake
Matt Thompson	2007	Minnetonka	Minnetonka

Sampling of sailors from ILYA Member Clubs

Where do I find it?

Common Sailing Venues

- **Illinois**
 - Lake Forest Sailing Center
 - Sheridan Shore Yacht Club
 - Chicago Yacht Club
- **Indiana**
 - Culver Academy
- **Michigan**
 - Gross Ile
 - Gross Point
 - Macatawa Bay
- **Minnesota**
 - Minnetonka
 - Wayzata
 - White Bear Lake
- **Wisconsin**
 - Lake Geneva Yacht Club



When are the Regattas?

MISSA 2007 Racing Schedule

Spring Regattas		
Date (First Days – Saturday)	Regatta	Host Club/Venue
March 31	Ice Breaker	Chicago Yacht Club
Open		
April 14	HS Invitational	Chicago Yacht Club
22	ISM Team Racing	Minnetonka SS, MN
22	East Team Racing	Grosse Ile. MI
28	Mallory Qualifier	Minnetonka SS, MN
May 5	Baker Qualifier	Geneva Lake Sailing School, WI
12	Mallory Trophy Nationals	Long Beach, CA
12	MISSA Team Racing	Venue TBD
25	Baker Trophy Nationals	Southern YC, New Orleans

Fall Regattas		
Date (First Days – Saturday)	Regatta	Host Club/Venue
September 15	Kick Off Classic	Sheridan Shore, Evanston, IL
22	Culver Invitational	Culver Academy, IN
29	Talbot Regatta	Chicago Yacht Club
October 6	Cressy Qualifier	Minnetonka SS, MN
6	Junior Olympics	Macatawa, MI
13	Great Oaks Qualifier	Lake Forest, IL
20	Grosse Ile Regatta	Grosse IL, MI
27	Halloween Spectacular	Lake Forest, IL
27	Cressy National	Northwest District
November 10	HS Great Lakes Championships	Chicago Yacht Club

Demystifying College Sailing

- How does college sailing work?
- How do I gain visibility with college recruiters?
- How do I identify schools with sailing teams?
- What should I consider when choosing a program?
- Is it hard to transition from ILYA to college sailing?



Keys to a Successful Program

- Strong organization, communication, & cooperation
- Recruiting, recruiting, recruiting
- Succession planning by incumbent leaders
- Encouragement from peers



www.missa.net – Midwest High School Sailing

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[Regattas](#)

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News

Grosse Pointe North Is 2006 Great Lakes Champion

[NOR](#) | [RESULTS](#) | [PHOTOS](#)

November 11-12, 2006

Temperatures in the low 40s; winds gusting over 25 knots from the north, red hot action on the waters of Chicago's Monroe Harbor! Twenty three teams completed in MISSA's Great Lakes Championship hosted by Chicago Yacht Club's Monroe Station. Representing fifteen high schools from Illinois, Indiana, Michigan, Minnesota, and Ohio, teams competed in a three fleet format, with A and B divisions sailed in 420s and C division sailed in Laser Full Rigs. [Click here to read the entire MISSA Great Lakes Championship Regatta Report.](#)

Grosse Ile Takes Halloween Regatta Title

[NOR](#) | [RESULTS](#) | [PHOTOS](#)

October 28-29, 2006

Blustery northwest winds welcomed a record 142 sailors to the Lake Forest Sailing Center on the western shore of Lake Michigan for the 2006 Halloween Spectacular Regatta. The event included sailors from Illinois, Michigan, Ohio and Wisconsin representing ten high schools. [Click here to read the entire MISSA Halloween Regatta Report.](#)

Record Turnout for 3rd Annual Grosse Ile Invitational Regatta

[NOR](#) | [RESULTS](#)

October 21-22, 2006

A record turnout of 70 sailors, representing nine MISSA schools from as far away as Erie, PA to Evanston, IL descended upon Grosse Ile Yacht Club the weekend of October 21-22 for the third annual Grosse Ile High School Sailing Invitational Regatta. The fourteen 420 teams and six Laser sailors was double the previous high turnout for the regatta, and is a good indication that high school sailing in the Midwest is on the rise. [Click here to read the entire MISSA Grosse Ile Invitational Regatta Report.](#)



Regattas - Fall 2006

Kick Off Classic

[NOR](#) | [RESULTS](#)

September 9, 2006

Sheridan Shore Yacht Club

Evanston, IL

Contact: Chuck Nevel

Culver Jamboree

[NOR](#) | [RESULTS](#)

September 16, 2006

Culver Academy, IN

Talbot Regatta

[NOR](#) | [RESULTS](#)

September 30, 2006

Chicago Yacht Club - Belmont

Station

Chicago, IL

Contact: Joe Quick

Summary

- Sailing is a viable sport and athletic option
- HS & college sailing are great conduits which enable students to channel their interest in sailing and to continue the development of their skills throughout the "off"-season
- The transition to college sailing is best facilitated by HS sailing based on the similarity of formats, hulls, and competitors.
- HS/college sailing is a way to foster the enjoyment of sailing which translates into ongoing participation after graduation, from either or both, the high school or college ranks.

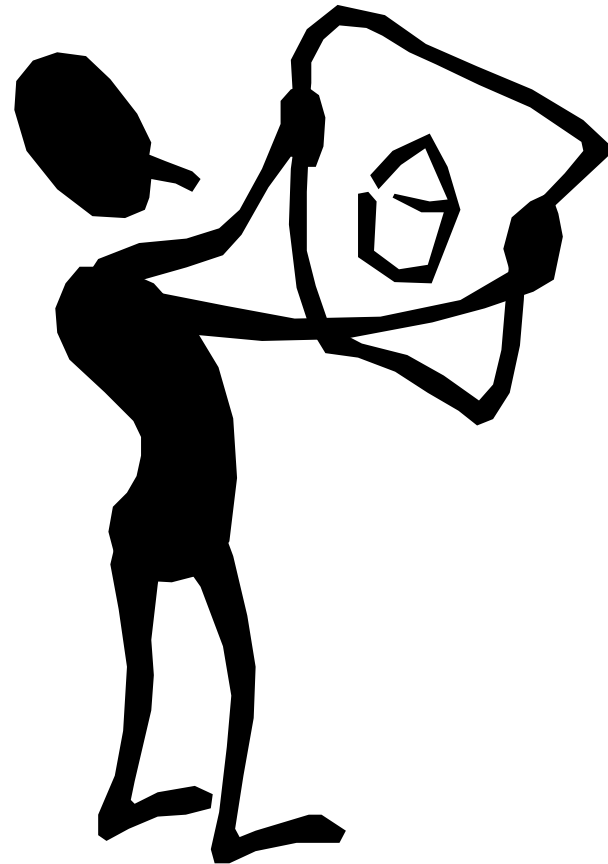


Appendix Information



Common Challenges

- **Studies and competing interests with other Fall/Spring outdoor social and sporting activities such as football, soccer, fishing and hunting**
- **Cost**
 - Fixed costs
 - Facilities – Storage, meeting place, etc.
 - Coach boat
 - Annual ISSA/MISSA membership fee
 - Variable costs
 - Boats – Generally HS 420s; Laser Full Rig & Radials are BYO
 - Coaches – Head & regatta
 - Training equipment such as buoys, loud hailers, radios
 - Sails
- **Limited scale over which to recapture/replace investments**



Lessons Learned

- **Combine programs in close proximity**
 - Share coaches, boats, and other training equipment
 - Share expenses to participant cost
- **Combine training sessions**
 - Obtain greater scale for practices
 - Increase social network
 - Promote team spirit
- **Find “travel buddies”**
 - Provide reciprocal housing arrangements
 - Contain expenses at reasonable levels
- **Recruit, recruit, recruit freshman**
 - Establish a pipeline for the future

Lessons Learned (cont)

➤ Flexibility

- Increase participation by opening some events permitting combination of schools to fill teams short of sailors

➤ Scale Issues

- Too few sailors to fill a full team?
 - How many sailors do you need to establish and maintain a high school team?
 - What are the options if your school is relatively small?
- Too many participants?
 - Split squads – Practices and Regattas
 - Varsity – Up to twelve (12) sailors – six skippers and six crews
 - » Practice on Tuesdays and Wednesdays
 - Junior Varsity – Variable
 - » Practice on Mondays and Wednesdays
 - Combined squad practices

ISSA, MISSA, & College Websites

- www.HighSchoolSailingUSA.org
 - History of ISSA
 - District information & links to websites
 - On-line registration for schools
 - Regatta calendar & regatta reports
 - ISSA newsletters, books and materials available to start a sailing team
- www.missa.net – Midwest High School Sailing
- <http://www.collegesailing.org/> - College Sailing
- <http://mcsasail.org/> - Midwest College Sailing Assoc.